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2016 'O' CIRCUIT HIKE and RIO PAINE PACKRAFTING - TORRES DEL PAINE

ITEMS CARRIED IN BACKPACK

CARRIED GEAR

DESCRIPTION	TYPE *(BRAND, STYLE)*	WEIGHT *(Oz)*
BACKPACK	ULA ARCTIC DRY PACK	31.25
	S2S 50 L DRYBAG	9.3
	S46 STUFFTUBE (CLOTHES)	0.25
	S46 CF DRYBAG (CLOTHES)	0.4
	GG LARGE STUFFSACK (FOOD)	0.55
	OR SMALL ZIP SACK (MISC.)	1.13
SHELTER	TARPTENT SCARP 1	49.7
	2X TG 9" CF STAKES (8g/Each)	0.6
	6X EASTON 6" STAKES	2.3
SLEEP SYSTEM	EE ENIGMA ELITE (-6*C)	19.65
	T-REST NEO AIR (S46 MOD)	6.7
	KOOKABAY SUB-1 PILLOW	0.86
SPARE CLOTHING	BRAWNY SIL RAIN JACKET	4.7
	BRAWNY SIL RAIN PANTS	3.3
	MLD OVERMITTS	1.09
	WIGWAM GOBI LINERS	0.85
	MONTBELL EX LIGHT (L)	6.1
	MEC MIDWEIGHT TOP	6.75
	MEC EXPEDITION BOTTOM	7.58
	OR NINJACLAVA	2.05
	TEKO SIN3RGI LIGHT SOCKS (L)	2.2
KITCHEN	FIRELITE SUL 500 w/ SACK	1.89
	MLD LONG HANDLE TI SPOON	0.56
	S46 9g PROTOTYPE STOVE	0.78
	S46 SHORT ANURI W/S	0.6
	1 L GATORADE BOTTLE	1.9
	2L FLEX BOTTLE	1.25
WATER PURIFIER	AQUATABS(24 L)	0.1
TOOLS	50' AIRCORE NANO GUYLINE	0.5
	DERMA-SAFE FOLDING KNIFE	0.25
	S46 STRAP CHAIR	0.6
FLASHLIGHT	PETZL E-LITE W/ CASE	1.6
ORIENTATION	TRAIL MAP	0.2
FIRST AID KIT	CUSTOM SOLO FIRST AID KIT	1.75
	MINI LIGHTER	0.5
CAMERA	SONY RX100-3	9.7
	GOPRO HERO 4 W/ WP CASE	5.1
	JOBY GORILLAPOD MAGNETIC	2
TOILET KIT	COLGATE WISP TOOTHBRUSH	0.03
	SMALL SPONGE	0
	BLISTEX - SPF 30	0.3
	PURELL (3.2ml) in dropper	0.14
	DR. B'S (3.2ml) in dropper	0.14
	T.P. 7 DAYS (20 sheets (4g) /day)	0.75
	BASE PACK WEIGHT (oz.)	187.95
	BASE PACK WEIGHT (lbs.)	11.75

CLOTHING AND ITEMS WORN

CLOTHES WORN DURING HIKING

DESCRIPTION	TYPE *(BRAND, STYLE)*	WEIGHT *(Oz)*
BASE LAYER	MEC BC THERMAL TOP	4.76
	TEKO SIN3RGI LIGHT SOCKS (L)	2.2
	MY PACKAGE WEEKDAYS (M)	2.85
	MEC BC THERMAL BOTTOM	3.73
MID LAYER	BPL THOROFARE SHIRT (M)	4.55
OUTER LAYER	PATAGONIA READY MIX	14.1
	SEAWALL TRACKPANT 2.0 (M)	11
HAND/HEADWEAR	POLY HAT	1.6
	BUFF BANDANA (in pocket)	1.3
	BD POWERSTRETCH LINER	1.75
FOOTWEAR	MONTRAIL MTN MASOCHIST (S 11)	22.6
ACCESSORIES	KOMPERDELL C3 DUOLOCK	13.1
	WHISTLE/THERMO/COMPASS/MAG	0.75
	CLOTHING AND GEAR WORN (oz.)	84.29
	CLOTHING AND GEAR WORN (lbs.)	5.27

TOTALS

	LBS.
BASE PACK WEIGHT	11.75
CLOTHING AND GEAR WORN	5.27
FROM SKIN OUT (FSO)	17.02
~~FOOD~~	~~0.00~~
FUEL (14 grams X 1/day)	0.22
WATER (2L at START of each day)	4.40
BASE PACK WEIGHT + FOOD + FUEL + WATER	16.37

DESCRIPTION	TYPE	WEIGHT
WATER CRAFT	ALPACKA - DENALI LHAMA	80
	ALPACKA WW SKIRT	16
	OUTWARD BOUND PADDLE	16
	ALPACKA BOW BAG	6
	PFD	20
	INFLATION BAG	5
	NEOPRENE GLOVES	10
	Total (oz)	153.00
	Total (lbs)	9.56

NUTRITION PLAN

FOOD

MEAL	BRAND	DESCRIPTION	CALORIES	WEIGHT (oz)