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EVEREST REGION EQUIPMENT WEIGHT

FOOD, WATER, AND SHELTER CAN BE FOUND ALONG THE TRAIL - NO NEED TO CARRY IT

	EBC PACK WEIGHT			*WORN DURING TREKKING*			
DESCRIPTION	**TYPE**	**PRICE**	**WEIGHT**	**DESCRIPTION**	**TYPE**	**PRICE**	**WEIGHT**
	(BRAND, STYLE)	***$0.00***	***(Oz)***		***(BRAND, STYLE)***	***$0.00***	***(Oz)***
BACKPACK	GRANITE GEAR ALPINE VAPOUR	$245.10	45	**FULL PACK BACK**	60 LITERS		254.67
	GRANITE GEAR LID	$25.08	2.3				
				HIKING BOOTS	MERREL RADIUS MID WTPF	$170.00	40
STORAGE SACKS	S2S PACK LINER	$68.40	2.6		20 Oz/Each		
	GG MEDIUM DRYSACK	$14.56	0.8	**TREKKING PANTS**	MEC TRIPPER w/ BELT	$35.65	11.5
	GG SMALL DRYSACK	$7.98	0.4				
	OR FULL ZIP	$7.98	1.2	**DRYFIT SHIRT**	ARCTERYX DRY FIT	$68.40	3.8
CAMP SHOES	HOME-MADE SANDALS	$13.68	1.35	**SOCKS**	TEKO ECOMERINO UL CREW	$13.68	2.2
SOCKS	INGENIUS GORE TEX	$21.09	3.5	**UNDERWEAR**	EX-EFFICIO	$41.76	3.75
	TEKO ECOMERINO UL CREW	$13.68	2.2				
				MONEYBELT	AUSTIN HOUSE 2 POCKET	$12.75	1.65
BASE LAYER	MEC MIDWEIGHT TOP	$44.46	6.75				
	MEC MIDWEIGHT BOTTOM	$44.46	5.65	**TREKKING POLES**	KOMPERDELL C3 DUOLOCK	$170.98	13.1
	HUE TIGHTS BASELAYER	$11.62	3.2				
				HEADWEAR	PATAGONIA SUN HAT	$36.48	1.3
MID LAYER	ARCTERYX T-NECK POLY ZIP	$142.50	8.65				
SOFT SHELL	PATAGONIA READY MIX	$247.00	14.1				
PARKA	TNF PRISM OPTIMUS JACKET	$384.75	26.1				
GAITORS	MEC NYLON	$17.10	8				
HEADWEAR	STRETCH BUFF	$22.80	1.3				
	CAMOFLAGE TOQUE	$1.15	1.5				
	BALACLAVA	$62.83	1.7				
HANDWEAR	BD POWERSTRETCH LINER	$17.10	1.75				
	BURTON OUTER SHELL	$91.20	7				
HEADLAMP	PETZL TIKKA XP	$49.02	3.25				
OPTICAL	BRUNTON MONOCULAR	$44.00	2.4				
	BASS POLARIZED W/ SHIELD	$22.80	0.8				
SLEEPING BAG	WM VERSALITE (-12 C)	$513.00	37				
WATER BOTTLE	MEC WATER BLADDER (3 L)	$13.68	6				
	PLATYPUS 1L FOLDABLE	$10.20	0.9				
PILLOW	INFLATABLE	$11.50	2.5				
SUNSCREEN	COPPERTONE 45	$7.30	5				
LIPSCREEN	BLISTEX UP SPF 30	$2.87	0.3				
FIRST AID KIT	ADENTURE MEDICAL U/L	$15.00	3.5				
	ADVIL/CYPRO/DIAMOX	$5.00	2				
	EAR PLUGS	$3.42	0.25				
	ZIPLOCKS AND ELASTICS	$0.45	1				
	MINI LIGHTER	$1.14	1				
	COAST MULT-TOOL	$12.52	2				
READING	NOT WON IN A DAY	$22.80	9.9				
	EVEREST MAP	$5.00	3				
	RIGHT IN THE RAIN PAD	$5.30	3.35				
	SPACE PEN	$14.85	0.61				
SECURITY	NORTH 49 COMBO LOCK	$5.69	1.25				
	WHISTLE	$2.84	0.11		WORN DURING TREKKING	Ounces =	77.3
						Pounds =	4.83
CAMERA	CANON W/ CASE + CHARGER	$460.00	10.45			Cost =	$549.70
ORIENTATION	SUUNTO COMPASS/THERMO.	$13.11	0.35		EBC PACK WEIGHT	Ounces =	254.67
						Pounds =	15.92
TOILET KIT	TOOTHBRUSH	$1.13	0.95			Cost =	$2,793.48
	TOOTHPASTE	$0.89	1.1				
	MICROPUR TABLETS (30)	$18.24	0.7		Total Equipment Cost=		$3,343.18
	ANITBACTERIAL LOTION	$1.13	2.5				
	CAMP SUDS SOAP (15ml)	$1.70	1				
	CAMP TOWEL	$23.00	2.3				
	ROLL OF TOILET PAPER	$0.25	2.05				
	DEODARANT	$1.13	2.1				