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WESTERN UPLANDS TRAIL (FIRST LOOP) - FEB 2011

BASE PACK WEIGHT

ITEMS IN BACK PACK

DESCRIPTION	TYPE (BRAND, STYLE)	WEIGHT (Oz)
BACKPACK	ULA ARCTIC DRY PACK	31.25
	S46 75 L CUBEN FIBER DRYBAG	1.7
	S46 CUBEN FIBER CHEST PACK	1.4
	S46 STUFFTUBE (CLOTHES)	0.25
	GG LARGE STUFFSACK (FOOD)	0.55
	GG SMALL STUFFSACK (MISC.)	0.4
	S46 STUFFSACK (SHELTER)	0.17
	OR SMALL ZIP SACK (MISC.)	1.13
SHELTER	S46 I.H.P.	9.8
	S46 TI SNOW STAKES (6)	3
	MINIBINERS (6)	0.67
	TENSIONERS (6)	0.21
	GUYLINES (6)	0.4
SLEEP SYSTEM	DOWNMAT 7 SHORT	21.9
	S46 PG-SHEET (1/8" X 50" X 74")	4.4
	NUNATAK CUSTOM 0*F RAKU	56.4
	KOOKABAY SUB-1 PILLOW	0.86
CAMP INSULATION	MEC DOUBLE FLEECE MITTS	3.2
	F.F. DOWN BOOTIES	10.72
	MEC MIDWEIGHT TOP	6.75
	MEC MIDWEIGHT BOTTOM	5.65
SPARE CLOTHING	WIGWAM GOBI LINERS	0.85
	BD POWERSTRETCH LINER(spare)	1.75
	BRAWNY SILNYLON RAIN JACKET	4.7
	BRAWNY SILNYLON RAIN PANTS	3.3
	inGENIUS GORETEX SOCKS	3.45
KITCHEN	COLEMAN XTREME	11
	FIRELITE SUL 1350 w/ STUFFSACK	4.55
	S46 TITANIUM WINDSCREEN (L)	0.67
	MLD LONG HANDLE TI SPOON	0.56
	NALGENE WIDEMOUTH 2L	2.3
	1 L GATORADE BOTTLE	1.9
TOOLS	BUCK LIGHT FOLDING SAW	4.5
	SNOW CLAW SHOVEL	5.75
	LEATHERMAN MICRA	1.8
	50' AIRCORE NANO GUYLINE	0.5
FLASHLIGHT	PETZL TIKKA XP	3.25
ORIENTATION	SUUNTO COMPASS/THERMO	0.3
	MAP PAGE IN ZIPLOCK	0.9
	PEN (GENERIC)	0.32
FIRST AID KIT	CUSTOM SOLO FIRST AID KIT	1.75
	MINI LIGHTER	0.5
	LH HAND WARMERS (56g/pair)	7.9
CAMERA	PANASONIC DMC-ZS3 W/CASE	8.4
TOILET KIT	4 PAWS FINGER TOOTHBRUSH	0.14
	BLISTEX - SPF 30	0.3
	PURELL (3.2ml) in dropper	0.14
	DR. B'S (3.2ml) in dropper	0.14
	T.P. 4 DAYS (20 sheets (4g) /day)	0.56
	BASE PACK WEIGHT (oz.)	232.99
	BASE PACK WEIGHT (lbs.)	14.56

ITEMS AND CLOTHING WORN

ITEMS WORN

DESCRIPTION	TYPE (BRAND, STYLE)	WEIGHT (Oz)
HIKING BOOTS	MONTRAIL ROCKRIDGE (SZ 11)	25.48
TREKKING PANTS	SPORTHILL XC PANTS (M)	13.94
BASE LAYER	MEC EXPEDITION TOP	9.66
	MEC EXPEDITION BOTTOM	7.58
MID LAYER	PATAGONIA R4	17.6
SOCKS	WIGWAM GOBI LINERS	0.85
	ID VAPOUR BARRIER SOCKS	2.25
TREKKING POLES	KOMPERDELL C3 DUOLOCK	13.1
SOFT SHELL JKT	PATAGONIA READY MIX	14.1
HEADWEAR	OR NINJACLAVA	2.05
	POLY HAT	1.6
	BANDANA (in pocket)	1.3
	BOLLE TRAVERSE (Full Kit)	5.5
NECKWEAR	WHISTLE ON LANYARD	0.11
HANDWEAR	BD POWERSTRETCH LINER	1.75
	MLD OVERMITTS (in pocket)	1.09
GAITERS	40 BELOW TR OVERBOOTS	14.4
	1/8" FOOT BED INSERTS	0.25
SNOW SHOES	NORTHERN LITES BR's 9X30	44.9
	CLOTHING AND GEAR WORN (oz.)	177.51
	CLOTHING AND GEAR WORN (lbs.)	11.09

TOTALS

	LBS.
BASE PACK WEIGHT	14.56
CLOTHING AND GEAR WORN	11.09
FROM SKIN OUT (FSO)	25.66
FOOD	5.28
FUEL (390 grams PER CANISTER X 0.5/day)	1.72
WATER (3L at START of each day)	6.61
BASE PACK WEIGHT + FOOD + FUEL + WATER	28.17