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FRONTENAC P.P. 3 DAY WINTER TRIP - 08

Base Pack Weight

Items and Clothing Worn

	ITEMS IN BACK PACK		*ITEMS WORN*		
DESCRIPTION	**TYPE**	**WEIGHT**	**DESCRIPTION**	**TYPE**	**WEIGHT**
	(BRAND, STYLE)	***(Oz)***		***(BRAND, STYLE)***	***(Oz)***
BACKPACK	GRANITE GEAR ALPINE VAPOUR	45	**FULL PACK BACK**	60 LITERS	280.21
	GRANITE GEAR LID	2.3			
			HIKING BOOTS	MERREL RADIUS MID WTPF	40
SHELTER	TARPTENT DOUBLE RAINBOW	40.55			
	SNOW STAKES (4)	4	**TREKKING PANTS**	MEC TRIPPER W/ BELT	11.5
	25' NYLON ROPE	2			
			BASE LAYER	MEC MIDWEIGHT TOP	6.75
SLEEP SYSTEM	MONTBELL 90 SI	9.8		MEC MIDWEIGHT BOTTOM	5.65
	GG NIGHTLITE TORSO	3.15			
	WM VERSALITE (-12 C)	37	**MID LAYER**	ARCTERYX T-NECK POLY ZIP	8.65
	ID VAPOUR BARRIER LINER	5.85			
	MONTBELL PILLOW	2.4	**SOCKS**	WIGWAM GOBI LINERS	0.85
				ID VAPOUR BARRIER SOCKS	2.25
CAMP INSULATION	TNF PRISM OPTIMUS JACKET	26.1			
	COCCON UL 60 PANTS	7.55	**TREKKING POLES**	KOMPERDELL C3 DUOLOCK	13.1
	COCOON UL 90 BALACLAVA	1.9			
	WIGWAM GOBI LINERS	0.85	**SOFT SHELL JKT**	PATAGONIA READY MIX	14.1
	KOMBI HEAVYWEIGHT TOP	6.15			
	KOMBI HEAVYWEIGHT BOTTOM	5.85	**HEADWEAR**	CAMO PILE HAT	1.5
	DIY OVERMITTS	3		NEOPRENE BALACLAVA	1.7
	MEC DOUBLE FLEECE MITTS	3.2			
			NECKWEAR	WHISTLE ON LANYARD	0.11
KITCHEN	MSR WINDPRO	6.85			
	VARGO TI 1.3L POT	5	**HANDWEAR**	BD POWERSTRETCH LINER	1.75
	BRUNTON TITANIUM SPORK	0.65			
	NALGENE WIDEMOUTH 2L	2.3	**GAITERS**	MEC NYLON	8
	GATORADE BOTTLE	1			
	FUEL	24	**SNOW SHOES**	NORTHERN LITES BR's 9X30	44.9
	INVERTED FUEL STAND	0.5			
TOOLS	BUCK LIGHT FOLDING SAW	4.5		FROM SKIN OUT (OUNCES)=	396.12
	LEATHERMAN MICRA	1.8		FSO (POUNDS)=	24.76
	SNOW CLAW SHOVEL	5.75			
FLASHLIGHT	PETZL TIKKA XP	3.25			
ORIENTATION	SUUNTO COMPASS/THERMO	0.3			
	MAP PAGE IN ZIPLOCK	0.9			
FIRST AID KIT	ADENTURE MEDICAL U/L	3.71			
	MINI LIGHTER	0.5			
OPTICAL	BRUNTON MONOCULAR	2.4			
	GOSSAMER GEAR SPORT EYEZ	0.3			
CAMERA	OLYMPUS STYLUS 850 SW	6.3			
TOILET KIT	TOOTHBRUSH/PASTE	1.4			
	SMALL SPONGE	0			
	BLISTEX - SPF 30	0.3			
	CAMP SUDS SOAP (15ml)	1			
	TOILET PAPER	0.5			
	MICROPUR TABLETS (15 L)	0.35			
	(BPW) Ounces =	280.21			
	(BPW) Pounds =	17.51			